



July 2007

**Willamette Valley Central Office**

687 Cottage Street NE  
Monday - Friday 10:00 a.m. - 6:00 p.m.  
Saturdays 10:00 a.m. - 2:00 p.m.  
Telephone: 503.399.0599  
www.aa-salem.com  
E-mail: centraloffice@aa-salem.com

*Where you can find AA Literature, coins, and recovery items*

**Heard Around These Rooms**

A drunk alone...is in poor company.

A person's bottom is where they put their shovel down.

At first we thought the 'God thing' was a crutch. Turns out to be stilts.

Carry the message, not the mess.

DENIAL: Don't Even Know I Am Lying.

Don't think of it as having a bad day--think of it as second step work.

Drugs vs. alcohol: It doesn't matter which side of the Titanic you're on.

Ego: I may not be much, but I'm all I think about.

Every newcomer has the potential to become my sponsor.

FAITH: Finding Answers In The Higher Power

Fear has no power unless I give it power.

*Continued on Page 2*

**~ The Seventh Month ~**

**Step Seven**

"Humbly asked Him to remove our shortcomings."

**Tradition Seven**

"Every A.A group ought to be fully self-supporting, declining outside contributions."

**Willamette Valley Intergroup Board**

Chair  
 Bill B. 1  
 Co-Chair  
 Bill B. 2  
 AI - Anon  
 Joyce L.  
 Phone Line Coordinator  
 Diana W.  
 Bridging the Gap Chair  
**Vacant**  
 Eye Opener Editor  
 Cori P.  
 Intergroup Liaison  
 Anita  
 Out Reach Coordinator  
 Angela G.  
 Recording Secretary  
 Gary H.  
 Soberfest Coordinator  
 Michael B.  
 Treasurer  
 Justin M.  
 Trustee  
**Vacant**  
 H & I Committee Chair  
 Trevor M.  
 H & I Committee Co-Chair  
 Greg M.

*Willamette Valley Intergroup (WVI) is made up of elected representatives from local A.A. groups. (Representatives are usually elected at your group's business meeting). WVI serves the greater Salem area with a 24-hour phone line, sales of A.A. literature, books and coins, production and distribution of meeting lists, the Eye Opener newsletter, coordination of local Twelve Step calls, and furnishing public information speakers for non-A.A. groups and for A.A. meetings in institutions.*

**Heard Around These Rooms****(Continued from Page 1)**

Growth: Pain is mandatory, suffering is optional.  
 HOPE: Hang On, Peace Exists.  
 HOW: Honesty, Open-mindedness, and Willingness.  
 I can't, God can, why don't I let Him? (Steps 1-3, short form)  
 I never wanted to drink like a lady - I wanted to drink like a pig and be treated like a lady.  
 If nothing changes, nothing changes.  
 If the path you're on has no obstacles, then it probably doesn't lead anywhere.  
 If you want to make God laugh, tell him YOUR plans for the day.  
 Keep coming back, it works...don't go away; it works even better!  
 Learn to change, change to learn.  
 Live in the solution.  
 May you be blessed with a slow recovery.  
 One difference between me and God is that God doesn't wake up in the morning  
 Patience is giving God space.  
 People who don't go to meetings don't find out what happens to people who don't go to meetings.  
 PUSH: Pray Until Something Happens.  
 Put down the weapons, pick up the tools.  
 Recovery: In A.A., there is a wrench for every nut.  
 Relapse is not an event, it's a process.  
 Rule 62: Don't take yourself too seriously!

Sanity: What we get when we quit hoping for a better past.

Work the program, not the problem.

Serenity: The happiest moments in my life are those when I'm not thinking about myself.

You cannot get ahead until you learn to be here.

Service is gratitude in action.

You will be rich when you know you have enough.

Seven days without a meeting makes one weak.

Your conscience is the still small voice that can make you feel still smaller.

Strength is powerlessness.

Take care of the days and the years will come by themselves.

Taking others' inventory: You spot it, you got it.

Talking about the spiritual part of the program is like talking about the wet part of the ocean.

The monkey is off your back, but the circus is still in town.

There is a big difference between being a mistake and making one.

thinking He's me.

Those who judge, don't matter - those who matter, don't judge.

Today is all you have.

We A. A. s don't all have unhappy childhoods—but we all have very long ones.

When you are in a meeting, your disease is outside doing push-ups.

When you do good, you never know how much good you do.

Why settle for relief when what you really want is freedom?

Winners do what they have to do; losers do what they want to do.

**Note:**

The Willamette Valley Intergroup's May Minutes were not available for publication at the time of printing.  
- Editor



**Check Out the New Website!**

Webmaster Dave S. has been very busy, as usual, keeping our website current and user friendly! Check out our new website at [www.aa-salem.com](http://www.aa-salem.com)!

**Thank you for all you do, Dave!**

## Willamette Valley Intergroup Financial Report May 2007

INFLOWS		% of Total
<b>GROUP CONTRIBUTIONS</b>		
7 AM Downtown Group	426.25	14.95%
Conscious Contact	150.00	5.26%
Ladies Lunch Brunch	700.00	24.56%
Living Sober Group	44.26	1.55%
Second Chance Group	35.14	1.23%
Tuesday Night Step Study	36.00	1.26%
Women Only Grp	30.00	1.05%
<b>TOTAL GROUP CONTRIBUTIONS</b>	<b>1,421.65</b>	<b>49.87%</b>
INDIVIDUAL CONTRIBUTIONS		
Anonymous	0.00	0.00%
<b>TOTAL INDIVIDUAL CONTRIBUTIONS</b>	<b>0.00</b>	<b>0.00%</b>
OTHER INCOME		
Copier Use	17.10	0.60%
<b>TOTAL OTHER INCOME</b>	<b>17.10</b>	<b>0.60%</b>
SALES		
Art&Letters	18.00	0.63%
Greeting Card(s)	6.00	0.21%
Literature	863.15	30.28%
Medallions	427.00	14.98%
Misc.	47.60	1.67%
Special Orders	50.00	1.75%
<b>TOTAL SALES</b>	<b>1,411.75</b>	<b>49.53%</b>
<b>TOTAL INFLOWS</b>	<b>\$2,850.55</b>	<b>100%</b>
OUTFLOWS		
COPIER	140.94	5.77%
INVENTORY PURCHASE		
Literature	893.65	36.60%
Medallions	63.95	2.62%
Special Order	9.29	0.38%
Special Orders	94.98	3.89%
<b>TOTAL INVENTORY PURCHASE</b>	<b>1,061.87</b>	<b>43.49%</b>
LICENSES & PERMITS	25.00	1.02%
OFFICE SUPPLIES	9.99	0.41%
PAYROLL		
Falls, Laura	676.98	27.73%
<b>TOTAL PAYROLL</b>	<b>676.98</b>	<b>27.73%</b>
POSTAGE & DELIVERY	7.80	0.32%
RENT	456.00	18.68%
TELEPHONE		
Other TELEPHONE	62.95	2.58%
<b>TOTAL TELEPHONE</b>	<b>62.95</b>	<b>2.58%</b>
VOID	0.00	0%

<b>TOTAL OUTFLOWS</b>	<b>\$2,441.53</b>	<b>100%</b>
OVERALL TOTAL	\$409.02	100%
<i>Account Balances - As of 5/31/2007</i>		
Bank Accounts		
Checking	3,356.25	
Money Market	9,010.98	
PETTY CASH	80.00	
TOTAL Bank Accounts	12,447.23	
<b>OVERALL TOTAL</b>	<b>\$12,447.23</b>	

### There is a Solution

13 pages long - beginning on page 17. I had the desire and openness to read this. I decided to believe everything that was written. The result: I have had no desire to drink for a very long time, my health is good, I don't remember what stress is like, I don't invite drama into my life, I sleep soundly, I feel so much joy in my life. Need I say more? AA works for me and for this I am grateful. Thank you to all who have 12 Stepped me throughout the years.

-Gene H.



## HAPPY BIRTHDAY!



**Anne T.**  
July 3, 2003

**Karen K.**  
July 4, 2000

**Ken C.**  
July 5, 2002

**Randy M.**  
July 7, 2003

**Brandi W.**  
July 9, 2001

**Shelley B.**  
July 11, 2002

**Dan S.**  
July 13, 1999

**Tammy**  
July 13, 2002

**Woody H.**  
July 14, 1981

**Ethan O.**  
July 14, 2005

**Dwight**  
July 15, 2002

**Dan P.**  
July 20, 2004

**Kathy C.**  
July 21, 1983

**Carl L.**  
July 21, 1992

**Alene**  
July 21, 1989

**Greg H.**  
July 21, 2002

**John C.**  
July 23, 2001

**Staci**  
July 23, 2001

**Amy M.**  
July 24, 2002

**Ginny B.**  
July 24, 2003

**Dan M.**  
July 28, 1968

**Ian S.**  
July 28, 1989

**Coop**  
July 28, 2001

*Have your sobriety birthday  
printed here. Send name/  
sobriety birthday date to Eye  
Opener Editor, c/o WVI  
Central Office, 687 Cottage  
Street NE, Salem OR  
97301.*

**District 4 Annual Barbecue**  
**Sunday, August 5th, 1:00 - 4:00 p.m.**

At the Gazebo at Chalmers-Jones Park, Keizer  
City Hall Complex, 930 Chemawa Road NE

Family and friends are welcome!

Area Delegate Eric will share all about his  
April trip to GSO in New York

Hot dogs, hamburgers and all the fixings will  
be provided. Please bring a side dish to share,  
a chair, blanket and any games you wish to  
play

Please leave pets at home

Information:

Bill B. 503 763-7555

Fred D. 503 551-9795

Paula F. 503 581-3910



**9th Annual Ladies Luncheon**  
**"Sunlight of the Spirit"**  
**Saturday, August 18, 2007**

At Saint Paul's Episcopal Church  
1444 Liberty St. SE

Doors open: 11:30 a.m.

Lunch & Raffle: Noon

Speakers: 1:15 p.m.



AA Speaker: Susan L., Hood River

Al-Anon Speaker: Jennifer Z., Salem

Registration: \$15 by July 31st.

Information: Angela G: 503 569-7939

**Volunteers Needed**

Central Office needs volunteers to work 4 hour shifts once a week. Duties include answering phones, selling and stocking literature, etc. This is a great way to serve in the A.A. community! Interested? Call Laura at 503-399-0599.

**Keep the 24 Hour Phone Line Alive!**

Central Office's 24 Hour phone line is instrumental in helping the alcoholic that still suffers. You can help "man the lines" from your own phone in the comfort of your own home. The calls are simply switched to your phone number for the short amount of time that you agree to. Consider helping with this much needed service. Call Laura at 503-399-0599.

**New and Changed Meetings**

**New:**

**CAUSES AND CONDITIONS**

Tuesdays, 6:30 p.m.  
At Faith Lutheran Church  
4505 River Rd. N, Keizer

**Happy Hour**

Tuesdays, 6:00 p.m.  
At Timbers Coffee House  
325 Court St. NE

**SAYPAA**

(Salem Area Young Peoples in Alcoholics Anonymous)  
Thursdays, 8:00 p.m. (starting April 12th)  
At Woodland Chapel  
583 High St. SE

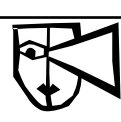
**Changed:**

**Monmouth Big Book Study**

Sunday, 7:00 p.m.  
Moved to 959 W. Church Street  
Heritage Hall (long building beside church, please use front entrance)

**Tuesday Night Step Study**

Tuesdays, 7:00 p.m. (changed from 8:00 p.m.)  
At Saint Paul's Episcopal Church  
1444 Liberty St. SE



## July Calendar

### SATURDAY 7

Grapevine Speaker's Meeting  
First Congregational Church  
700 Marion Street NE.  
Fellowship & refreshments: 7:00 p.m.  
Speaker: 7:30 p.m.

### MONDAY 2

KISS Committee Meeting  
Central Office  
687 Cottage St. NE, 7:00 p.m.

### MONDAY 9

H & I Committee Meeting  
Central Office  
687 Cottage St. NE, 7:00 p.m.

### THURSDAY 12

District 4 Meeting  
Saint Paul's Episcopal Church  
1444 Liberty St. SE, 7:00 p.m.

### SATURDAY 14

TTCO (Take the Cotton Out) Speaker's  
Meeting  
Faith Lutheran Church  
4505 River Road N, Keizer  
7:30 p.m.

### MONDAY 16

WVI Committee Meeting  
Central Office  
687 Cottage St. NE, 7:00 p.m.

### WEDNESDAY 25

TTCO Committee Meeting  
Central Office  
687 Cottage St. NE, 7:00 p.m.

### FRIDAY 27

Soberfest Committee Meeting  
St. Paul's Episcopal Church  
Saint Paul's Episcopal Church  
1444 Liberty St. SE, 7:00 p.m.

### SATURDAY 28

KIS-S (Keep it Simple Speaker's  
Meeting)  
Morningside Methodist Church  
3674 12th Street SE, 7:30 p.m.

### SATURDAY 28

Corvallis Speaker's Meeting  
Good Samaritan Hospital, Corvallis  
8:00 p.m.



#### Deaf and Hard of Hearing Meetings posted at:

<http://www.dhh12s.com/meetingschedule/htm>

#### For links to other Intergroup websites visit

<http://aa-salem.com/links.htm>

#### Willamette Valley Intergroup/ The Eye Opener

687 Cottage Street NE  
Salem OR 97301-2412  
503.399.0599

E-mail: [centraloffice@aa-salem.com](mailto:centraloffice@aa-salem.com) [www.aa-salem.com](http://www.aa-salem.com)

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